

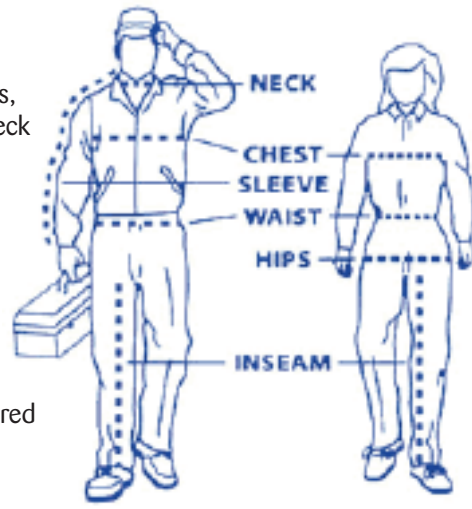
Garment Sizing Chart

Get The Sizes Right The First Time!!!

**20% Restocking Fee On All Returns And Exchanges
Request A Sizing Day At Your School. Call 516-377-0200**

MEASURING FOR A PROPER FIT

- Give all measurements in inches.
- If the person's measurements are between sizes, order the larger size. For example: if a man's neck measures 15¾ inches you should order size "large" in a short sleeve shirt or a "16-16½" in a long sleeve shirt.
- For greatest accuracy, have someone take measurements rather than allowing customers to measure themselves.
- The tape measure should be pulled snug, not tight.
- Check the size scale of all garments being ordered to ensure that all measurements were taken at proper points.



MEN'S SHIRTS

NECK measurement is the circumference of the neck as illustrated.
SLEEVE LENGTH is measured by placing one end of the tape at the bottom of the collar at the center of the back and marking the distance around the elbow to the bottom of the wrist. It is often helpful to have the arm slightly bent.
CHEST is taken at the fullest point of the bust, keeping tape under arms and around shoulder blades. Hold tape level and firmly but not tight.

MEN'S TROUSERS, JEANS AND BIB OVERALLS

WAIST is taken at the top of the hipbone over shirt (not over pants). Tape should only be held snug, do not hold tape tight.
INSEAM is taken from the base of the crotch to the top of the shoe or boot. For jeans, add one inch. It is advisable to ask the person being measured how he or she wears their trousers. Not everyone wears their trousers or jeans the same length or height on their hips.

MEN'S COVERALLS

CHEST SIZE is taken at the fullest point of the chest, keeping tape under arms and around shoulder blades. This measurement should be taken over clothing, preferably over same garment or types of garments to be worn with the coveralls.
LENGTH: We suggest using your same inseam measurement for pants, but subtracting 1 to 2 inches to accommodate Dickies lower crotch construction.

JACKETS

CHEST SIZE is taken at the fullest point of the chest, keeping tape under arms and around shoulder blades. This measurement should be taken over clothing, preferably over garments or types of garments to be worn with the jacket.
SLEEVE LENGTH is measured by placing one end of the tape at the bottom of the collar at the center of the back and marking the distance around the elbow to the outer edge of the wrist.

MEN'S SHIRT AND COVERALLS SIZES

SIZE	CHEST	NECK	SIZE	CHEST	NECK
S	34-36	14-14.5	2XL	50-52	18-18.5
M	38-40	15-15.5	3XL	54-56	19-19.5
L	42-44	16-16.5	4XL	58-60	20-20.5
XL	46-48	17-17.5	5XL	62-64	21-21.5

Use this chart for converting neck or/and chest sizes to a S, M, L, XL, 2XL, 3XL, 4XL or 5XL size. Measure your chest size and neck (as shown in the illustration above), to determine which size fits best.

MEN'S TROUSERS, JEANS AND BIB OVERALLS

SIZE	WAIST	CHEST	SIZE	WAIST	CHEST
S/M	28-32	34-40	2XL/3XL	40-46	50-56
L/XL	34-38	42-48	4XL/5XL	48-52	58-64

WOMEN'S WEAR

CHEST measurement is taken at the fullest point of the bust. Measure across shoulder blades with arms relaxed down at sides, keeping tape parallel to the floor. Hold tape level and firmly but not tight.
WAIST measurement is taken around the natural waistline. Keep the measuring tape comfortably loose.
HIP measurement is taken by standing with heels together. Keep tape straight and parallel to the floor, measure around the fullest part.

WOMEN'S SHIRT SIZES

SIZE	NUMERIC SIZE	CHEST	SIZE	NUMERIC SIZE	CHEST
XS	2/4	34.5	14/16	42	
S	6/8	36.5	XL	18/20	46
M	10/12	39	2XL	22/24	50

WOMEN'S PANT SIZES

SIZE	WAIST	HIPS	SIZE	WAIST	HIPS
4	27.5	37.5	16	35	45
6	28.5	38.5	18	37	47
8	29.5	39.5	20	39	50
10	30.5	40.5	22	41	53
12	32	42	24	43	56
14	33.5	43.5			

WOMEN'S WEAR SIZE CHART - INSEAMS

SIZE	PETITE INSEAM	REGULAR INSEAM	TALL INSEAM	UU INSEAM
4	28			37
6	28	31.5		37
8	28	31.5	34	37
10	28	31.5	34	37
12	28	31.5	34	37
14	28	31.5	34	37
16	28	31.5	34	37
18	28	31.5	34	37
20		31.5		
22		31.5		
24		31.5		
20		31.5		
22		31.5		
24		31.5		

BOYS' WEAR

HEIGHT: Stand barefooted with feet together and back to the wall. Measure from the top of the head to the floor.
Pull tape measure up under arms and around shoulder blades. Measure fullest part of the chest.
WAIST: Measure natural waist (but not over pants). Keep one finger between tape and body.
SEAT/HIPS: Stand with the heels together and measure around the fullest part.
INSEAM: Measure from the base of the crotch to the top of the shoe.

BOY'S WEAR SIZE CHART - REGULAR SIZES

SIZE	WAIST	PANT INSEAM	SIZE	WAIST	PANT INSEAM
4	19.5	15.5	12	25	27
5	20	17.5	14	26	29
6	20.5	19.5	16	27	31
7	21	22	18	28	31
8	23	23	20	29	31
10	24	25			

BOY'S WEAR SIZE CHART - HUSKY SIZES

SIZE	WAIST	FLEX WAIST	PANT INSEAM	SIZE	WAIST	FLEX WAIST	PANT INSEAM
8	25	26	23	16	29	30	31
10	26	27	25	18	30	31	31
12	27	28	27	20	31	32	31
14	28	29	29				

BOY'S WEAR SIZE CHART - SLIM SIZES

SIZE	WAIST	PANT INSEAM	SIZE	WAIST	PANT INSEAM
4	17.5	15.5	8	21	23
5	18	17.5	10	22	25
6	18.5	19.5	12	23	27
7	19	22	14	24	29

BOY'S SHIRT/OUTERWEAR SIZES

SIZE	NUMERIC SIZE	CHEST	SIZE	NUMERIC SIZE	CHEST
XS	4	27	L	14/16	36
S	6/8	30	XL	18/20	39
M	10/12	33			

GIRLS' WEAR

HEIGHT: Stand barefooted with feet together and back to the wall. Measure from the top of the head to the floor.
Pull tape measure up under arms and around shoulder blades. Measure fullest part of the chest.
WAIST: Measure natural waist (but not over pants). Keep one finger between tape and body.
SEAT/HIPS: Stand with the heels together and measure around the fullest part.
INSEAM: Measure from the base of the crotch to the top of the shoe.

GIRL'S WEAR SIZE CHART - REGULAR SIZES

SIZE	WAIST	PANT INSEAM	SIZE	WAIST	PANT INSEAM
4	20	16	10	24	25
5	20.5	18	12	25	27
6	21	20	14	26	29
6X	21.5	21	16	27	30
7	22.5	22	18	28.5	30
8	23	23	20	30	30

GIRL'S WEAR SIZE CHART - SLIM SIZES

SIZE	WAIST	PANT INSEAM	SIZE	WAIST	PANT INSEAM
4	18	16	8	21	23
5	18.5	18	10	22	25
6	19	20	12	23	27
6X	19.5	21	14	24	29
7	20.5	22			

GIRL'S WEAR SIZE CHART - HALF SIZES

SIZE	WAIST	FLEX WAIST	PANT INSEAM	SIZE	WAIST	FLEX WAIST	PANT INSEAM
10.5	27	29	25	16.5	30	32	30
12.5	28	30	27	18.5	31.5	33.5	30
14.5	29	31	29	20.5	33	35	30

GIRL'S WEAR SIZE CHART - SHIRT SIZES

SIZE	CHEST	WAIST	SIZE	CHEST	WAIST
XS 4	23.5	21.5	L 14/16	28	26
S 6/8	25.5	23.5	XL 18/20	29.5	27.5
M 10/12	27	25			

JUNIORS' WEAR

HEIGHT: Stand barefooted with feet together and back to the wall. Measure from the top of the head to the floor.
Pull tape measure up under arms and around shoulder blades. Measure fullest part of the chest.
WAIST: Measure natural waist (but not over pants). Keep one finger between tape and body.
SEAT/HIPS: Stand with the heels together and measure around the fullest part.
INSEAM: Measure from the base of the crotch to the top of the shoe.

JUNIOR'S WEAR SIZE CHART - PANT SIZES

SIZE	WAIST	INSEAM	SIZE	WAIST	INSEAM
0	26	32	11	32.5	32
1	27	32	13	34	32
3	28	32	15	35.5	32
5	29	32	17	37	32
7	30	32	19	38.5	32
9	31	32	21	40	32

JUNIOR'S WEAR SIZE CHART - SHIRT SIZES

SIZE	NUMERIC	SIZE	CHEST	WAIST	SIZE	NUMERIC	CHEST	WAIST
S	3/5	30	28.5		XL	15/17	34.5	33
M	7/9	31.5	30		2XL	19/21	36	34.5
L	11/13	33	31.5					

TODDLERS' WEAR

WAIST: Measure natural waist (but not over pants). Keep one finger between tape and body.
INSEAM: Measure from the base of the crotch to the top of the shoe.

UNISEX TODDLER SIZE CHART - PANT SIZES

SIZE	WAIST	PANT INSEAM	SHORT INSEAM
2T	18	13	3.5
3T	19	14.25	3.5
4T	20	15.5	3.5